

# ***Being a First Year International Student***

By Dr. Z. Eda Sun Selışık, Counseling Psychologist

- **Common Emotions & Reactions in the  
Adjustment Period**
- **Some Suggestions to Facilitate the  
Adjustment Process**



**METU**

NORTHERN CYPRUS | STUDENT DEVELOPMENT  
CAMPUS AND COUNSELING CENTER

**Thursday  
October, 31th 2013  
19:00  
CCC Anfi 1**