# MIDDLE EAST TECHNICAL UNIVERSITY NORTHERN CYPRUS CAMPUS

# GUIDANCE & PSYCHOLOGICAL COUNSELING PROGRAMME

# GPC 100 (0-2) 1 First Year on Campus Seminar

# Fall 2017 Course Syllabus

**Instructor:** Dr. Z. Eda Sun-Selışık

**Office:** SZ-07 (course assistant)

**Phone:** 2995 (course assistant)

**E-mail:** pelin.guven@metu.edu.tr

**Course Date:** Wednesday 16:40 – 18:30

**Course Objectives**

The course has eight principle goals and seeks to:

1. Acquaint you with METU NCC, its resources and your program of study;
2. Give you an opportunity to meet with program faculty and upper class students;
3. Encourage lifestyle choices that promote health and wellness;
4. Increase self-awareness, help you in setting effective goals based on your priorities, and in managing your time effectively to fulfil these goals;
5. acquire an awareness and understanding of diversity;
6. Provide guidance to promote your academic and professional development;
7. Promote engagement in the curricular and co-curricular life of the university;
8. Support you in your university adjustment process.

**Textbooks**

No textbooks are required for GPC 100. All necessary handouts pertaining to each week’s activity will be distributed in class.

**Course Requirements**

1. **Attendance and Participation**:
* attending each week’s activity regularly
* participating in small group discussions and/or activities
1. **Mid-term and Final Exams**: Just kidding, no mid-terms & final exams! All you need to do is attend & participate to benefit the most from GPC 100!

**Grades:** The following represents the composition of the final grade;

50% Attendance

50% Active participation in small group discussions & activities

Given the percentage weights above, final grades will be assigned according to the catalog system.

Apart from the GPC 100 activities cited below, each month some of the activities conducted at METU NCC (e.g., colloquy, movie, etc. ) will be chosen as elective activities of GPC 100 and you will be informed about it via intranet: <http://intranet.ncc.metu.edu.tr/> . You can join **utmost** **two** of these activivities and by attending to these activities you can replace the two compulsory activities you missed. If you are retaking the course you can join **four activities**.

**Class Policies**

**Academic Integrity and Misconduct**

Cheating, plagiarism, or forgery will not be tolerated. Instances of academic misconduct will result in a grade of “F”. Please refer to the following link for the policies of METU-NCC on academic code of ethics: <http://intranet.ncc.metu.edu.tr/en/academic-code-of-ethics/>. You need to log in by your user name and password to view the link.

**Class Expectations**

As a university student you are expected to behave in a manner that is respectful of others. Distracting and disruptive behaviors such as texting or using mobiles, coming late and leaving early, listening to music, sleeping in class, and talking to your neighbor are not acceptable in a university classroom. Besides, although you are encouraged to be critical in what you study, the critiques should be delivered in a respectful manner.

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# Activity List (Tentative)

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| --- | --- | --- |
| **Week** | **Topic** | **Date** |
| **1** | **INTRODUCTION** Students will get acquainted with their peer guides in small groups and then general information about the course will be given.  | **04.10.17** |
| **2** | **JOIN US, HAVE FUN & LEARN! (Social and Cultural Affairs & Student Associations)**Social, sports societies and clubs will organize an exhibition in which they will present their activities, membership rules, and organizations. All students will be able to visit METU NCC students’ societies and clubs and get informed about their programs. | **11.10.17** |
| **3** | **ACADEMIC ISSUES FOR UNDERGRADUATES (Prepared by: Dr. Özcan Kasal, Conducted by: Peer guides)**In their small group students will work on case studies associated with the following topics; forming a course list based on prerequisite conditions, calculating GPA & CGPA, scholarship & minor programs, grading system, repeating courses & withdrawal.  | **18.10.17** |
| **4** | **GETTING ACQUAINTED WITH ACADEMIC PROGRAMS (Academic Programs)**In this activity, students will get acquainted with their academic programs, faculty members and senior students of their program. First, the academic program coordinator talks about curriculum, electives, internship procedures, and introduces faculty members and senior students in an informal setting. Then all program faculty come together with students to talk about their professional interests and associated career paths and courses they offer. | **25.10.17** |
| **5** | **A COLLOQUY WITH PROFESSORS ON SUCCESSFUL ACADEMIC LIFE AND A CAREER (Dr., Behzat Bahadır Kentel, Dr. Burçak Özoğlu Poçan, Dr. Dizem Arifler, Dr. Julian Saurin, Dr. Tayfun Nesimoğlu)** In the colloquy students will listen to professors’ suggestions on having a successful academic life and a career and have a chance to direct their questions pertaining to the topic.  | **01.11.17** |
| **6** | **ACADEMIC SKILLS SUPPORT PROGRAM INTRODUCTION (Dr. Gamze Öncül)** | **08.11.17** |
| **7-8-9** | **STRATEGIES FOR SUCCESS MODULE (Prepared by: Dr. Eda Sun Selışık, Conducted by: Peer Guides)**In this module students will discuss topics of self-awareness, goal setting and time management and take part in exercises to increase their knowledge and skill level in these topics.  | **22.11.17****29.11.17****06.12.17** |
| **10** | **MEETING PLACE WITH KNOWLEDGE\* (Prepared by: Directorate of Library and Documentation & Directorate of Information and Communication Technologies)** Students will take an online tutorial program on information literacy. | **13-27.12.17** |
| **10** |  **CAMPUS COMMUNICATION CHANNELS (Prepared by: Tayfun Can Onuk, Conducted by: Peer guides)** | **13.12.17** |
| **11** | **ADDICTION (Dr. Aslı Niyazi)** | **20.12.17** |
| **12** | **HEALTHY ROMANTIC RELATIONSHIPS (Dr. Aslı Bugay) (cancelled)** | **27.12.17** |
| **13** | **PSYCHOLOGY OF DISCRIMINATION (Dr. Timur Fadıl Oğuz)**  | **03.01.17** |
| **14** | **CLOSING & EVALUATION**In the last week of GPC 100, students’ experiences regarding their first semester at METU NCC as well as the general evaluation of the course will be done. | **04-11.01.18** |

* Meeting Place with Knowledge activity will be reachable for two weeks in between December 13th and 27th.