# MIDDLE EAST TECHNICAL UNIVERSITY NORTHERN CYPRUS CAMPUS

# GUIDANCE & PSYCHOLOGICAL COUNSELING PROGRAMME

# GPC 100 (0-2) 1 First Year on Campus Seminar

# Fall 2022 Course Syllabus

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**Course Date:** Wednesday 16:40 – 18:30

**Course Objectives**

The course has eight principle goals and seeks to:

1. Acquaint you with METU NCC, its resources and your program of study;
2. Give you an opportunity to meet with graduates of your program;
3. Encourage lifestyle choices that promote health and wellness;
4. Increase self-awareness, help you in setting effective goals based on your priorities, and in managing your time effectively to fulfil these goals;
5. Provide guidance to promote your academic and professional development;
6. Promote engagement in the curricular and co-curricular life of the university;
7. Support you in your university adjustment process.

**Textbooks**

No textbooks are required for GPC 100. All necessary material pertaining to each week’s activity will be shared with you via OTUClass.

**Course Structure**

GPC 100 is composed of different activities which will be conducted during 14 weeks. Colloquies/seminars, in-class acitivities, online tutorials, and small assignments and/or quizzes about the week’s topics are among the main activities of GPC 100.

In-class activities will be facilitated by peer guides who are taking GPC 310 Developing Skills for Peer Guidance course. In these activities peer guides will be sharing (a) information and their experiences, (b) facilitating discussions, and giving individual or group feedback about your assignments, and (c) checking active participation.

Details about each week’s activity, will be shared with you via ODTUClass and your metu e-mail a day before the activity for the latest.

**Responsibilities and Grading**

**Attendance and Participation:**

All you need to do to get the most out of GPC 100 is attending to and actively participating in course’s activities regularly. Your attendance to the activities will be assessed and graded by your participation to colloquies and small group discussion and accomplishing the task pertaining to week’s topic (i.e. wiriting a brief reflection paper, completing the quiz). Your final grades will be assigned according to the catalog system.

Apart from the GPC 100 activities cited below, each month some of the activities conducted at METU NCC (e.g., student association activities, seminars, etc. ) will be chosen as elective activities of GPC 100 and you will be informed about it via your mail & ODTUClass. You can join **utmost** **two** of these activivities and by attending to these activities you can replace the two compulsory activities you missed/might miss. If you are retaking the course you can join **four elective activities**.

**Course Material**

The course material will be shared with you via ODTUClass.

**Class Policies**

**Academic Integrity and Misconduct**

Cheating, plagiarism, or forgery will not be tolerated. Instances of academic misconduct will result in a grade of “F”. Please refer to the following link for the policies of METU-NCC on academic code of ethics: <https://ncc.metu.edu.tr/res/academic-code-of-ethics>.

**Class Expectations**

As a university student you are expected to behave in a manner that is respectful of others. Distracting and disruptive behaviors such as texting, coming late and leaving early are not acceptable. Besides, although you are encouraged to be critical in what you study, the critiques should be delivered in a respectful manner.

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# Activity List (Tentative)

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| --- | --- | --- |
| **Week** | **Topic** | **Date** |
| **1** | **INTRODUCTION** General information about the course will be given and students will get acquainted with their peer guides nad fellow peers in their sections.  | **05.10.22** |
| **2** | **JOIN US, HAVE FUN & LEARN!**Social, sports societies and clubs will organize an exhibition in which they will present their activities, membership rules, and organizations. All students will be able to visit METU NCC students’ societies and clubs and get informed about their programs. | **12.10.22** |
| **3** | **ACADEMIC ISSUES FOR UNDERGRADUATES (Prepared by: Directorate of Student Affairs; Conducted by: Peer guides)**In their small group students will work on case studies associated with the following topics; forming a course list based on prerequisite conditions, calculating GPA & CGPA, scholarship & minor programs, grading system, repeating courses & withdrawal. They will also learn about the interactive course registration process.  | **19.10.22** |
| **4** | **CAMPUS COMMUNICATION CHANNELS (Presented by: Tayfun Can Onuk)** | **26.10.22** |
| **5** | **GETTING ACQUAINTED WITH ACADEMIC PROGRAMS**In this activity, students will get acquainted with their academic programs, faculty members and senior students of their program. First, the academic program coordinator talks about curriculum, electives, internship procedures, and introduces faculty members and senior students in an informal setting. Then all program faculty come together with students to talk about their professional interests and associated career paths and courses they offer. | **02.11.22** |
| **6** | **MEETING PLACE WITH KNOWLEDGE (Prepared by Directorate of Library and Documentation & Directorate of Information and Communication Technologies)**Students will take an online tutorial program on information literacy. They will also get to learn how to search the catalog and electronic resources. | **09.11.22** |
| **7-8-9-10** | **STRATEGIES FOR SUCCESS (Prepared by: Dr. Eda Sun, Conducted by: Peer Guides)**This module aims to increase students’ awareness about their core values, improve their understanding of effective goal setting process, and give them a chance to set and/or reflect on academic, personal and career goals in accordance with their core values. In addition, students learn about time management and think about how to make use of their time to fulfill their short-term and long-term goals.  | **16.11.22****23.11.22****30.11.22****07.12.22** |
| **11** | **COLLOQUY WITH METU NCC GRADUATES** | **14.12.22** |
| **12** | **ADDICTION (Presented by: Kıbrıs Türk Yeşilayı)** | **21.12.22** |
| **13** | **CLOSING & EVALUATION**In the last week of GPC 100, students’ experiences regarding their first semester at METU NCC as well as the general evaluation of the course will be done. | **28.12.22** |